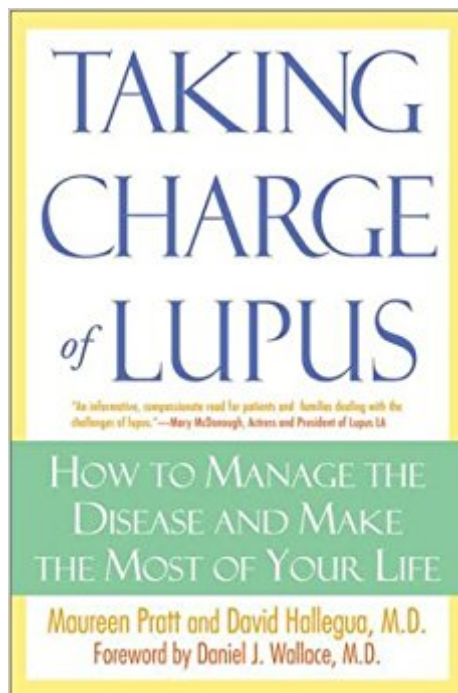




**The book was found**

# **Taking Charge Of Lupus:: How To Manage The Disease And Make The Most Of Your Life**



## Synopsis

While there is no known cure for lupus erythematosus and the course of the disease is unpredictable, Maureen Pratt-diagnosed with lupus herself-believes daily life for the sufferer can be greatly improved. Based on her own personal experiences and written with a doctor, this book provides essential information on how to manage with the condition on a day-to-day basis including:

- Choosing a doctor
- Coping with medication side effects
- Designing a home environment that accomodates physical limitations
- Dealing with insurance and other financial issues
- and the role of faith

## Book Information

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## Customer Reviews

Maureen Pratt is an author and playwright diagnosed with lupus. She is a contributor to Lupus Line, the quarterly newsletter of Lupus International, an ambassador for the Arthritis Foundation, and a board member of LupusLA, an organization targeting awareness and fund-raising in the entertainment community. David Hallegua, M.D., is an internist and rheumatologist who runs a private practice in Beverly Hills, specializing in treating lupus and other autoimmune disorders. He works closely with Daniel J. Wallace, M.D., who heads the largest lupus practice in the United States.

I thought the book would have a lot more helpful information then it did. It was pretty much information I already knew. I guess it just depends on how knowledgeable you already are about

lupus.

## Learning Tool!

This book, while not as info heavy as so many of the others (likeÃ A The Lupus Book: A Guide for Patients and Their Families), has been my favorite so far. It's a great resource as far as how adapt your life after diagnosis. It's a very validating read, and I'm going to recommend it to friends and family so they have an idea of what lupus is and how it impacts one's life. Another great thing about this book is that it covers all lupus; the advice given applies to all cases, from mild to life-threatening. This is why it's more general, from a scientific perspective, but it's why I found the book to be so valuable. It's just the info I've been looking for!

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Taking Charge of Lupus:: How to Manage the Disease and Make the Most of Your Life [ ENDOMETRIOSIS: THE COMPLETE REFERENCE FOR TAKING CHARGE OF YOUR HEALTH THE COMPLETE REFERENCE FOR TAKING CHARGE OF YOUR HEALTH ] By Ballweg, Mary Lou ( Author) 2003 [ Paperback ] Lupus Recovery Diet - The Natural Lupus Recovery Solution: (Recover from Lupus with the Lupus Recovery Diet) Essential Kidney Disease Cookbook: 130 Delicious, Kidney-Friendly Meals To Manage Your Kidney Disease (CKD) (The Kidney Diet & Kidney Disease Cookbook Series) Connective Tissue Diseases: Holistic Therapy Options--Sjogrens Syndrome; Systemic Sclerosis - Scleroderma; Systemic Lupus Erythematosus; Discoid Lupus Erythematosus; Secondary and Primary Raynauds phenomenon; Raynauds Disease; Polymyositis Dermatomyositis An Empowering Guide to Lung Cancer: Six Steps to Taking Charge of Your Care and Your Life Critical Thinking: Tools for Taking Charge of Your Learning and Your Life (3rd Edition) Lupus Diary: Track Your Life with Lupus--Body, Mind, and Spirit Take Charge of Bipolar Disorder: A 4-Step Plan for You and Your Loved Ones to Manage the Illness and Create Lasting Stability The Kidney Disease Cookbook: Delicious Kidney-Friendly Recipes to Help Manage Your Kidney Disease Kidney Disease: for beginners - What You Need to Know About Chronic Kidney Disease: Diet, Treatment, Prevention, and Detection (Chronic Kidney Disease - Kidney Stones - Kidney Disease 101) Gum Disease Cure (Gum Disease Cure, Periodontal Disease, Gum Disease, Gum Infection, Gingivitis treatment, Tooth Decay) The Gum Disease Cure: How I cured Periodontal Disease in 2 months (Gum Disease Periodontal Disease Periodontitis Receding Gums) Coping with Lupus: A Guide to Living With Lupus for You and Your Family Heal Your Headache: The 1-2-3 Program for Taking Charge of Your Pain Healing Lupus Naturally:

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